

Usja Jujitsu Manual

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Coauthor of the USJA creed of ethics and USJA JuJitsu manual; and Member of the
Board of Directors for the USJA. Dr. Makoid holds the ranks of:

Coastal Krav Maga and Brazilian Jiu Jitsu Academy Jujitsu manual from the USJA;
Black belt Krav Maga; Brazilian Jiu Jitsu; Brazilian Jiu Jitsu Submission Grappling;

In 1953 Ben Bergwerf began judo and jujitsu under Dutch Judo/JiuJitsu pioneer Reinier
Hulsker in Rotterdam, produced and edited the current USJA Jujitsu Manual.

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Hey guys, One of the Judo clubs I practice at also mixes in the USJA's Jujitsu curriculum.
I just tested for gokyu in it the other day and wanted to seek some

The American Judo and Jujitsu Federation Arts. The basic curriculum of our system
includes: Shoden - Beginning Teachings Yawara - Techniques of Gentleness

An association of martial artists that takes a no-nonsense approach to training and self
defense. Lists services, instructors, membership and contact details.

USJA Jujitsu Manual. Colorado Springs, CO: USJA, 1995. United States Judo
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Usja Jujitsu Manual Michael Makoid | LinkedIn Michael C. Makoid is a recovering
academician. USJA and JuJitsu, USJA Coauthor of the USJA creed of ethics and USJA

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www.jujitsuamerica.org Date: Saturday, May 5, 2012 JA Board Mtg: 10am 12pm

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Greensboro Judo & Jujitsu Alliance, Greensboro, NC. 140 likes 5 talking The new USJA Judo Technical Manual and Study Guide with Senior Rank Promotion System

TORI RYU JIU JITSU. 2705 Techny Road (located in the Northbrook YMCA)
Coordinating Manager, Author and Editor of the 2 nd USJA Jujitsu Manual for Instructors.

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